

Moray Alcohol & Drug Partnership Training Prospectus 2026-27



Contents

Drug Trends & Harm Reduction.....	1
Mental Health & Substance Use.....	1
Everyone Has a Story: Children Affected by Parental Substance Use (2 Day Course).....	2
Multiple Risks.....	2
Free Online Learning.....	2

How to Book Training

All Moray ADP training courses can be booked via Eventbrite. The booking link for each course is included within the course description section of this planner. Places are limited and are allocated on a first come, first served basis.

If you are unable to access Eventbrite, please email morayadp@moray.gov.uk and we will register you for the course where places are available.

If You Can No Longer Attend

If you are unable to attend after booking, please cancel your place as soon as possible via Eventbrite or contact morayadp@moray.gov.uk

Training places are funded and limited. Where someone does not attend without prior notice, we will contact the named line manager and you may be removed from access to future Moray ADP training opportunities during 2026/27.

Information and Data Protection

We will ask for your job title and organisation when you book. This information is used for monitoring and statistical purposes to help us understand who our training is reaching.

In line with GDPR, we require your permission to hold this information. If you do not wish for your information to be used in this way, please make this clear when reserving your place.

Drug Trends & Harm Reduction

Provided by CREW2000

Tuesday 28th April 2026, 10:30 - 13:30, Delivered online via Microsoft Teams

Book Here: <https://drug-trends-harm-reduction-tickets.eventbrite.co.uk>

This course is designed to provide trainees with a basic understanding of drug effects, current trends and harm reduction, helping them to enhance their knowledge of drug-related harm and the way they work with people who take drugs.

By the end of this training, Participants will be able to:

- Refer to the drug wheel to categorise drugs by effect.
- Use examples to explain how drug, set and setting can alter the subjective effects of drugs.
- Identify key trends in the Scottish drug market;
- Ketamine : key points;
- Cocaine & crack cocaine;
- Benzos & gabas;
- Nitazenes (synthetic opioids);
- Cannabis, THC and synthetic cannabinoids (spice)
- Suggest appropriate harm reduction measures that can be applied for each drug discussed.
- Provide an overview of drug related deaths in Scotland.
- Identify the signs of depressant and stimulant overdoses as well as appropriate responses.

Mental Health & Substance Use

Provided by Scottish Drugs Forum

Tuesday 19th May 2026, 09:15 - 13:30, Delivered online via Microsoft Teams

Book Here: <https://mental-health-substance-use.eventbrite.co.uk>

This facilitator led course will increase knowledge and awareness of key issues relating to supporting mental health and substance use in Scotland.

Course objectives:

- Recall the prevalence of people with co-existing substance use and mental health issues.
 - Describe the relationship between mental health and substance use.
 - Gain an overview of common mental health conditions.
 - Identify the impact of stigma in relation to drug use and mental health.
 - Identify how to support and signpost people affected by mental health and substance use.
 - Understand the importance of self-care when working in a support setting.
-

Everyone Has a Story: Children Affected by Parental Substance Use (2 Day Course)

Provided by Scottish Drugs Forum

Wednesday 10th June & Thursday 11th June 2026, 09:15 - 13:30 both days, Delivered online via Microsoft Teams

Book Here: <https://everyone-has-a-story-training.eventbrite.co.uk>

This 2 day facilitator led course to support practitioners to listen and respond effectively and appropriately to children affected by parental substance use.

Course objectives:

- Identify the impact of parental substance use on children
- Describe the child's change cycle in parental use and recovery
- Practise the assessment of risk for children affected by parental substance use
- Identify ways to actively engage and hear young people's stories

Multiple Risks

Provided by Scottish Drugs Forum

Tuesday 8th September 2026, 09:30 – 16:30, This course will be in person at The Inkwel, Elgin Youth Café, Francis PI, Elgin IV30 1LQ

Book Here: <https://multiple-risks-training.eventbrite.co.uk>

This facilitator led course will enable frontline workers including teachers, youth workers, college and university staff to respond to children and young people engaging or at risk of engaging in multiple risk behaviours.

Course objectives:

- Identify common risk behaviours displayed by young people
- Recall the factors and adverse childhood experiences that influence risk taking
- Identify potential protective factors that reduce the impact of risk behaviours and support resilience
- Demonstrate effective signposting and interventions which tackle multiple risk, build resilience and support

Free Online Learning

There are a range of free online learning opportunities available for anyone who would like to increase their knowledge and confidence when supporting people affected by substance use, mental health challenges, trauma, or related harms. These resources can be accessed at any time and are suitable for a wide range of roles and experience levels.

Scottish Drugs Forum (SDF) — Free E-Learning

The Scottish Drugs Forum provides a variety of free e-learning modules designed to increase knowledge, skills, and confidence when working with people affected by substance use.

Topics available include:

- Drug Awareness Introduction
- Drug Specific Awareness (Including Cannabis, MDMA & Ketamine and more.)
- Top Tips for Harm Reduction
- Overdose Prevention, Intervention & Naloxone
- Motivational Interviewing in Brief Conversations

Access the modules here: [e-Learning – SDF Learning Centre](#)

Fast Forward — Gambling Education Toolkit

Fast Forward provides free resources and information about youth gambling and gambling-related harms, including guidance for practitioners, education settings, and families.

Access the toolkit here: [Learn - Scottish Gambling Education Hub](#)

TURAS — Developing Your Trauma Skilled Practice

NES (NHS Education for Scotland) offers a free e-learning module aligned with the Trauma Skilled Practice Level of the Scottish Transforming Psychological Trauma Framework.

The module includes:

- 5 learning units plus an assessment
- Approximately 1–2 hours to complete
- Practical guidance for trauma-informed practice across services

If you are registered with Turas Learn, *Developing your trauma skilled practice* can be accessed via: <https://learn.nes.nhs.scot/24384/elearning-psychology/developing-your-trauma-skilled-practice>

It is simple and free to register an account with Turas Learn here:

<https://turasdashboard.nes.nhs.scot//User/PersonalDetails/Create?openIdApplicationId=e8c7cbb9-34fd-4c87-8c6c-7232cf6786d7>

Re-Solv — Volatile Substance Use Resources

Re-Solv provides information, guidance, and learning resources relating to volatile substance use (e.g., aerosols, gases, solvents), including prevention and response information.

Access resources here: <https://www.re-solv.org/resources/>

Crew 2000 — Drug Information and Harm Reduction

Crew provides an A-Z list of substances, harm reduction advice, and current drug trend information. This is a useful reference resource for both professionals and the wider community.

Access information here: <https://www.crew.scot/drugs-information/>

Scottish Recovery Consortium — Online CPD

The Scottish Recovery Consortium offers online CPD learning opportunities focused on recovery-oriented practice, peer support, and building recovery communities.

Access courses here: <https://scottishrecoveryconsortium.org/src-activity/src-learning-platform/>
