

CALEDONIAN SYSTEM IN MORAY

An integrated approach to addressing men's domestic abuse and improving the lives of women, children, and men.



WHAT IS THE SYSTEM?

AVAILABLE IN MORAY AS PART OF A COURT-MANDATED STATUTORY ORDER

A coordinated intervention system that includes:

- Men's Programme: A 2+ year programme with 1:1 sessions, group work, and post-group maintenance.
- Women's Service: Ongoing support for partners/ex-partners to increase safety and emotional wellbeing.
- Children's Service: Ensures children's rights and needs are met through integrated support.

Men's Programme

For men convicted of domestic abuse in heterosexual relationships. Focuses on behaviour change and reducing reoffending.

Women's Service

Supports partners and ex-partners. Focuses on safety, emotional wellbeing, and reducing risk from abuse and systemic factors.

Children's Service

Ensures children's safety and wellbeing. Coordinates support and may offer direct help or parenting work.

EVIDENCE BASED

"Men who have completed the Caledonian programme are judged to be lower risk to partners and children, and women who have taken up the service have reported that it made them feel safer."
— Scottish Sentencing Council

The Caledonian System is accredited by the Scottish Advisory Panel for Offender Rehabilitation and has been shown to reduce the risk of reoffending among men convicted of domestic abuse.

Source: [Scottish Government](#)

An [independent evaluation](#) found that women felt safer and men who completed the programme posed a lower risk to partners and children.



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