

Affected by Substance Use? Know Your Rights



What is the National Charter of Rights?

The **Charter of Rights for People Affected by Substance Use** was published on 11th December 2024 and aims to help people to know what their rights are, and know what support they can receive from services.

Across Grampian we have taken the seven rights and applied a Grampian voice following extensive engagement with people affected by substance use, friends and family members, service providers and other key stakeholders.

ABERDEEN CITY
ADP
alcohol & drugs partnership
www.aberdeencityadp.org.uk



Charter of National Rights (Grampian Voiced)

1. Right to Life



I have the right to be treated in a compassionate and trauma informed manner.

2. Right to the Highest Achievable Standard of Physical & Mental Health



I have the right to support in my treatment and recovery.

3. Right to Adequate Standard of Living



I have the right to have my basic housing and food needs.

4. Right to Private & Family Life



I have the right for my family to be supported in my recovery journey.

**5. Right to
Healthy
Environment**



I have the right to live and work in safe spaces.

**6. Freedom
from Torture &
Other Cruel,
Inhuman or
Degrading
Treatment or
Punishment**



SANCTIONS

I have the right to demand barriers to access services are removed.

**7. Freedom
from Arbitrary
Arrest or
Detention**



I have the right for support to be prioritised over criminalisation.

The full version of the National Charter and Toolkit can be found by:

Using the QR Code on the right



Visiting the webpage at:

www.alliance-scotland.org.uk



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